

The CFPC's New CEO

Dr. Michael (Mike) Allan will serve as Chief Executive Officer and Executive Director of the College of Family Physicians of Canada (CFPC) and the Foundation for Advancing Family Medicine (FAFM) effective May 1, 2024, to October 31, 2027. To read more about Dr. Allan, please [view our announcement](#).

Social Media

As part of our member engagement strategy, we are piloting a LinkedIn private group for residents. We are hoping to create a community where family medicine residents can post, engage, and interact on resident-related items. [Join now!](#)

Advocacy Update

Work continues on advocating for the future of family medicine. Equitable and fair remuneration, less paperwork—including eliminating the need for family doctors to fill out federal forms—and more team-based care are key areas that the CFPC is advocating for. Another area of focus impacting residents is addressing the loan repayment burden.

Members also discussed the pros and cons of various remuneration models such as:

- Fee for service – paid for each service delivered to the patient (e.g., office visit, procedures, etc.)
- Salary – receive a wage, often based on units of time and paid in regular instalments. May include a pension and benefits for full-time physicians
- Capitation – set fee for each patient on a roster, rather than a payment per service provided. May be adjusted for age, sex, complexity, etc.

Resident voices matter. Please reach out to your [SoR program representative](#) to have your voice heard on all matters and/or if specific to advocacy, please email healthpolicy@cfpc.ca.

Update on Guide for Improvement of Family Medicine Training (GIFT) Tools

The 2022–2023 [GIFT](#) provides a practical approach to addressing obesity management in family practice using relevant evidence-based guidelines. Key points for management are outlined, with links to resources. Consider using this tool as a discussion guide across multiple follow-up visits. This guide consisted of the traditional one-pager and full guide.

GIFT 2023–2024 will focus on creating a one-pager that provides helpful links, resources, and tips to help residents prepare for their certification exam. Every year we hear from residents who feel the only prep resources available are those created by third-party vendors that they have to pay for. A survey had been issued to early practice physicians (within their first three years of practice) and second-year family medicine residents. The data will be analyzed, and a one-page resource will be created. Stay tuned for the release of this GIFT by summer 2024.

To view previous GIFTs, please [visit our web page](#).

Residents' Corner

Work continues with Residents' Corner, a regular blog in [Canadian Family Physician \(CFP\)](#) that covers a range of topics important to family medicine residents nationally (e.g., anti-racism, planetary health, virtual care, wellness, etc.). This initiative will provide ongoing opportunities for resident collaboration across the country. If you are interested in submitting your work or an idea, please contact us at education@cfpc.ca.

Family Medicine Forum (FMF)

Join us November 6th to 9th for [FMF](#) in Vancouver! Check out some of the great opportunities for learners:

- Two resident-led and Mainpro+[®] certified sessions (CaRMS and Electives and Transitioning to Practice 101)
- A student and resident networking luncheon with an opportunity to hear from the chairs and co-chairs of the Section of Residents and the Section of Medical Students followed by an informal networking session while eating your lunch
- A learner cocktail reception, held in collaboration with our university partners, that celebrates, promotes, shows support, and values family medicine by creating an opportunity for learners to meet and mingle and hear from family medicine university and the CFPC leadership
- An evening social with the First Five Years in Early Practice group and more

Valuable Resources/Tools/Guides for Residents

Now free to residents: Self Learning™ Program and CFPCLearn

Thanks to a new initiative, family medicine residents can now receive free access to the [Self Learning Program](#) and [CFPCLearn](#). Self Learning is a certified program that provides subscribers with evidence-based clinical information in a simple and convenient format. The content is drawn from peer-reviewed articles and curated by approximately 70 family physicians across Canada. Activate your free online subscription at <https://selflearning.cfpc.ca/#/lng-en/> or log in to your account via the CFPC [portal](#).

CFPCLearn is an online learning platform that includes education content (articles, podcasts, videos, and e-courses) made by and for family physicians. [Claim your free account!](#)

Practice Management Prep

Don't forget to check out [Practice Management Prep](#) (PM Prep). This is an online tool for residents that includes self-reflection exercises, learning plans, and a repository of practice management resources intended to support family physicians in their transition from residency to independent practice. The business side of practice, or practice management, is an area in which new family doctors have requested additional learning opportunities.

Mainpro+

Claiming credits: Are you finishing your residency in June or still have a few years left? Don't forget about your Mainpro+ continuing professional development (CPD) credits. Mainpro+ is the CFPC program designed to support and promote CPD for family physicians. Participation in Mainpro+ is optional, but beneficial, for residents. Residents can carry up to 40 certified Mainpro+ credits to their first active cycle by logging

participation in CPD activities such as conferences, workshops, and the Self Learning Program. Learn more about [Mainpro+ for resident members](#).

Professional Learning Plan

The [Professional Learning Plan \(PLP\)](#) tool is now available to all Mainpro+ participants and can be accessed in English and French through the [Mainpro+ portal](#). The PLP is a user-friendly online tool that supports family physicians in creating a plan for their CPD. A PLP can be completed annually and is a voluntary activity. It prompts family physicians to reflect on their CPD choices and the needs of their patients and communities.

First Five Years Essentials guides

The [First Five Years in Family Practice](#) Committee has created a series of essential guides to assist with your transition to practice:

- [First Five Years Essentials: A Brief Guide to Locum in Family Medicine](#)
- [First Five Years Essentials: Contract Negotiation Basics – Locum Edition](#)
- [First Five Years Essentials: Financial Management Tips](#)

Dr. Adam Penkul, CFPC SoR Council, Executive Lead Internal

Send any questions or concerns to your SoR Council representatives, whose names are on the [SoR web page](#).