



MIGS Annual Performance Report

March 1, 2023, to February 29, 2024

Member Interest Groups Section



member interest groups

MIGS Membership



MIGS Member Engagement
MIGS at FMF



10 sessions presented by MIGS at FMF 2023

The **MIGS Networking Event** was a success, facilitating members' discussions on future projects, ideas, and group priorities.

MiGroups (online platform hosted by TimedRight)



5,186 (46%) of MIGS members are registered on the MiGroups platform, an increase of 331 members

3,979 monthly content interactions were measured on average across all groups (this includes page views, file downloads, new discussions, replies, etc.) each month



MIGS Activity

- 7 new projects submitted for MIGS project support
- 5 submissions approved by the MIGS Council and supported by the Section
- 10 projects completed including projects approved in previous years
- 62.5 Mainpro+® credits claimed for MIGS content on CFPCLearn
- 22,706 content viewed through CFPC channels



MIGS Project Highlights

- Developed:
 - 3 clinical resources and 1 book, a collection of family medicine birth stories
- Launched:
 - 2 webinars and 6 podcasts
- Published:
 - **5** CFP guidance papers
 - 1 paper in a peer-reviewed journal



Conjoint Committees Highlights

- Collaborative Working Group on Shared Mental Health Care (CWGSMHC):
 - Included the CFPC and the Canadian Psychiatric Association
 - Hosted 2 meetings over the year
 - 1 position paper and 1 commentary published
- Collaborative Advisory Group for General and Family Practice Anesthesia (CAGA):
 - Included the CFPC, the Society of Rural Physicians of Canada, and the Canadian Anesthesiologists' Society
- Hosted 2 meetings over the year
- Joint Action Committee on Child and Adolescent Health (JACCAH):
 - Included the CFPC and the Canadian Pediatric Society
 - JACCAH has been sunsetted

Appreciation for our exceptional MIGS leaders

The MIGS extends sincere gratitude for the remarkable commitment, passion, and expertise each leader brings to our section.

Your dedication and leadership significantly contributes to our collective efforts in improving family medicine. The progress achieved reflects your exceptional contributions.

Thank you.

Warm regards,

Dr. Thea Weisdorf, Chair, 2SLGBTQ+ Health

Dr. Andrew Organek, Vice-Chair, 2SLGBTQ+ Health

Dr. Mandy Manak, Chair, Addiction Medicine

Dr. Andrew Lodge, Vice-Chair, Addiction Medicine

Dr. Genevieve Chaput, Chair, Cancer Care and MIGS Council member

Dr. Jeanette Boyd, Vice-Chair, Cancer Care

Dr. Pierre-Paul Tellier, Chair, Child and Adolescent Health

Dr. Lori Montgomery, Vice-Chair, Chronic Pain and MIGS Council Vice-Chair

Dr. Karen Appel, Vice-Chair, Chronic Pain

Dr. Olusoji Adewole, Chair, Dermatology

Dr. Alicia Thatcher, Chair, Developmental Disabilities

Dr. Jock Murray, Chair, Emergency Medicine

Dr. Sarah Foohey, Vice-Chair, Emergency Medicine

Dr. Nadia Alam, Chair, Family Practice Anesthesia

Dr. Val Ginzburg, Chair, Gastrointestinal and Digestive Health

Dr. Joel Kroeker, Vice-Chair, Gastrointestinal and Digestive Health

Dr. Mona Haidar, Chair, Global Health

Dr. Yasmin Majeed, Vice-Chair, Global Health

Dr. Sid Feldman, Chair, Health Care of the Elderly

Dr. Vivian Ewa, Vice-Chair, Health Care of the Elderly

Dr. Domenica Tambasco, Chair, Health and Environment

Dr. Larry Barzelai, Vice-Chair, Health and Environment

Dr. Ovie Albert, Chair, Hospital Medicine and MIGS Council member

Dr. Eddy Malouf, Vice-Chair, Hospital Medicine

Dr. Milena Forte, Chair, Maternity and Newborn Care

Dr. Sanja Kostov, Vice-Chair, Maternity and Newborn Care

Dr. Javed Alloo, Chair, Mental Health

Dr. Burton McCann, Chair, Occupational Medicine and MIGS Council member

Dr. Alfredo Tura, Vice-Chair, Occupational Medicine

Dr. Carmen Johnson, Chair, Palliative Care

Dr. Erin Bearss, Chair, Physician Wellness and Resilience

Dr. Sarah Kim, Vice-Chair, Physician Wellness and Resilience

Dr. Nooshin Nikoo, Chair, Prison Health and MIGS Council member

Dr. Lisa Liang, Chair, Sport and Exercise Medicine

Dr. Nitai Gelber, Vice-Chair, Sport and Exercise Medicine

Dr. Ben Schiff, MIGS Council Chair

Dr. Naila Kassam, MIGS Council member

Dr. Muna Chowdhury, MIGS Council member

Annex 1: List of tools and resources developed by the MIGS

Member Interest Group Name	Title	Description	Link	Views/ attendees/ downloads	MainPro+ certification/ number of credits claimed
2SLGBTQ+ Health	Third Rail: Gender- affirming care and 2SLGBTQ+ health, part 1 and 2	Guests and hosts discuss barriers to care and how family physicians can create safe spaces for 2SLGBTQ+ patients	Podcast: Part 1	1,235 downloads	Not certified
			Podcast: part 2	1,233 downloads	
	Article 1: Supporting 2SLGBTQ+ patients in your practice	The <i>CFP</i> published a Pride-themed issue in June.	Article 1	1,598 page views	Not certified
	Article 2: Affirming pregnancy care for transgender and gender-diverse patients		Article 2	2,227 page views	
	Article 3: Should all family physicians provide gender-affirming care?		Article 3	1,887 page views	
	Family Medicine Rounds #11: HIV in the aging population	MIGS family physician Gordon Arbess shares his expertise on 2SLGBTQ+ health through an examination of the diagnosis of HIV among the elderly and other sexually transmitted infections common within the community	CFPCLearn Podcast	711 downloads	Certified: 8
			Spotify		
			Apple Music		
Addiction Medicine	Practical Approach to Gambling Disorder for Family Physicians	An open-source document serves as a quick reference booklet to help family physicians at all stages of their careers recognize and treat gambling disorder.	PDF	N/A	Not certified
Cancer Care	Cancer Care Oncology Briefs				
	Demystifying breast cancer	The first question a patient often asks their family physician after receiving a diagnosis of breast cancer is "What will my treatment be?" This article helps family physicians answer this complex question.	CFP article	3,056 page views	Not certified
	Lung cancer crash course	This article provides family physicians with a crash course on the range of possible therapies and outcomes in the treatment of lung cancer.	CFP article	2,744 page views	Not certified

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Member Interest Group Name	Title	Description	Link	Views/ attendees/ downloads	MainPro+ certification/ number of credits claimed
Developmental Disabilities	Health Check — A Comprehensive Health Assessment of Adults with Intellectual and Developmental Disabilities (IDD)	The Health Check is a tool to organize a comprehensive health assessment, including physical exam, for adults with IDD. The tool provides an IDD perspective on a task that is familiar to family doctors and primary care nurse practitioners. It identifies health problems common in adults with IDD that are different from the general population, and provides tips and resources to facilitate diagnosis and management. It also includes a practice guide for implementing the tool into clinical practice to enhance feasibility (EMR template).	Surrey Place web page	3,203 views 109 users found their way to the website via a CFPC referral link.	Not certified
	Developmental Disabilities webinar series	A five-part webinar series where each episode is case based, chosen and presented by a family physician, and, in some cases, supported by other specialists.	Introduction to the Series: Common clinical issues in family practice care of adults with intellectual and developmental disabilities	26 attendees	Not certified
			Epilepsy in adults with intellectual and developmental disabilities	23 attendees	Certified: 5
	FM Rounds #12: IDD Health Check	Part of the FM Rounds Podcast Series. Dr. Ian Casson provides his expert insight into IDD Health Check, a primary care tool for comprehensive health assessments of adults with intellectual and developmental disabilities.	CFPCLearn Spotify Apple Music	1,163 downloads	Certified: 8

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Member Interest Group Name	Title	Description	Link	Views/ attendees/ downloads	MainPro+ certification/ number of credits claimed
Global Health	Implementing social interventions in primary care in Canada: A qualitative exploration of lessons learned from leaders in the field.	This study aimed to investigate the implementation process and outcomes of social intervention programs led by primary health care providers, focusing on identifying barriers, key success factors, and lessons learned, with the aim of informing future initiatives and improving health equity within communities.	PLoS One	NA	Not certified
Gastrointestinal and Digestive Health	FM Rounds #13: Watery Diarrhea	Part of the FM Rounds Podcast Series. Dr. Val Ginzburg discusses the topic of watery diarrhea as a common gastrointestinal and digestive health issue in family medicine practice.	CFPCLearn Spotify Apple Music	1,891 downloads	Certified: 20.5
Health and Environment	FM Rounds #14: Taking an Environmental Exposure History	Part of the FM Rounds Podcast Series. Environmental exposures have a significant impact on health and wellbeing, and family physicians play a crucial role identifying and managing these exposures. Taking an environmental exposure history can help uncover potential causes for a patient's symptoms or health conditions.	CFPCLearn Spotify Apple Music	1,709 downloads	Certified: 21
Maternity and Newborn Care	Full Circle: A collection of family medicine birth stories	A collection of stories and poems of birth stories to raise the visibility of the valuable work that family physicians provide in caring for patients through their birth journeys.	Book	NA	Not certified