



Mainpro+[®] Activity Grid

Activity Categories



Certified Activities

- CFPC Mainpro+ Certified Activities
- AAFP Prescribed credits
- AMA PRA Category 1*
- CFP Mainpro+ articles
- CFPC Self Learning™ Program
- CFPC peer tutor
- Formal traineeship/fellowship
- Formal studies/university courses
- Foundation for Medical Practice Education (FMPE)
- International (Request for Individual Consideration)
- Royal College Section 1*
- Certified rounds and journal clubs
- Quebec Category A
- Certified online CPD† activities (e.g., CFPCLearn)
- Other Certified Mainpro+ activities
- UpToDate®



Certified Assessment Activities

- CFPC Mainpro+ Certified Assessment activities
- CFPC Professional Learning Plan (PLP)
- Linking Learning exercises (Administration, Assessment, Research, Teaching, Practice)
- Medical regulatory authority (MRA) quality/practice improvement programs
- MCC360
- Other Mainpro+ Certified Assessment Activities
- Pearls.ce
- Publication of an article
- Quebec Category B
- Royal College Section 3*



Non-certified Activities

- Coaching/mentoring
- Committee participation
- Corridor or team-based consultations/case-based discussions
- Interprofessional educational events
- Non-certified conferences
- Reading, watching, listening (medical-related media, books, journals, articles)
- Research and publication (writing or reviewing)
- Social media discourse (participation in practice related online discussions)
- Teaching, presenting, and preparing (includes curriculum planning, development, or review)



Combined learning (Certified + Assessment)

Mainpro+ users can claim two credit types for the same activity



- Advanced life support courses
- Certified Mainpro+ activities
- CFPC Accreditation Surveyor
- CFPC Emergency Medicine or American Board of Emergency Medicine (ABEM) exam
- Clinical supervisor (MRA)
- Examiner for medical exams

*Certified credits that exceed the category maximums can be entered as non-certified activities

†CPD: continuing professional development

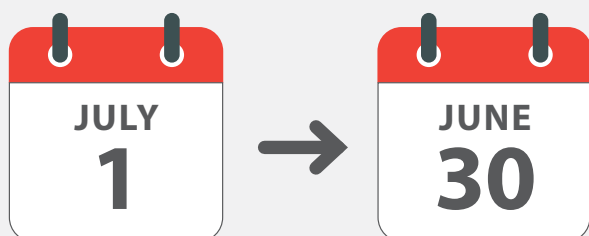
www.cfpc.ca/MAINPRO

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Mainpro+ summary



Cycle Dates



Cycle Requirements

- Five-year reporting cycle
- Mainpro+ participants must earn and report a minimum of 250 credits in a five-year cycle. At least 125 must be certified credits, at least 10 of which must be Certified Assessment credits.
- Minimum of 25 credits from any category must be earned and reported each cycle year
- Mandatory online credit reporting

Activity Categories



Certified Activities

Activities that have been formally reviewed and approved as per the standards for certified CPD as set by the CFPC.



Certified Assessment Activities

Certified activities in which data analysis, including providing or receiving feedback, stimulates self-reflection and leads to practice/performance improvement. These may be self-directed or conducted with others.



Non-certified Activities

Activities that have not been formally reviewed by the College but comply with the College's definition of CPD, are non-promotional in nature, and provide valuable professional learning opportunities.

Carry-over Credits

In Mainpro+, up to 40 certified credits can be carried over to the next cycle. Carry-over credits are only applicable to a 5-year cycle, and if extra credits are reported beyond the overall cycle requirements from the last completed cycle.

Linking Learning Exercises

With our Linking Learning program, Mainpro+ participants can earn Certified Assessment credits by completing reflection on a variety of practice activities including teaching, research, assessment and administration.