

Outcomes of Training Project – Let’s Imagine Strengthening Residency Training Together!

At the Section of Residents (SoR) Council Meeting held virtually on May 12th, 2023, members were divided into breakout groups and engaged in a facilitated consultation to help shape residency training as described in the Outcomes of Training Project (OTP). Members were asked to talk about what’s possible, what’s meaningful, and what’s helpful. Jamboard was used to create an interactive whiteboard where residents could post their comments live.

Here are the questions that were used to start the discussion, along with a snapshot of the responses:

1. Imagine if – meaningful three years! Imagine if your training had been three years. What would this have looked like? **Responses:** Tailored to the individual; independent practice with mentorship; time with subspecialties; exposure to the business side of medicine; more rural blocks for urban programs; junior attending weeks; more elective space/choices; more procedural skills experience.
2. Imagine if – meaningful transition into practice! Imagine if your training had a portion or feature of transition into practice? What would this have looked like? **Responses:** Resident-led clinics; roster of your own patients with a PRN mentor available to answer questions; mentorship; restricted license to moonlight; education/courses on practice management; complete exam earlier in third year so still have time to focus on practice.
3. Imagine if – meaningful locums! We know that many early career physicians do locums and we will need to consider this as a design feature. What are the drivers for doing a locum? What features or options would you like to see in a locum that perhaps don’t already exist? **Responses:** Pan-Canadian licensure; ability to try out different province models of care; appropriate compensation for locums in third year; career/practice exploration; longer access to charts to facilitate billing/necessary follow-up; funding for travel/accommodations/childcare, especially for rural locums; appropriate reimbursement scaled to roster size.

If you would like to provide your thoughts or comments on the above questions, please send them to academicfm@cfpc.ca.

For more information on the OTP, please visit [Preparing our Future Family Physicians](#) and the newly released OTP [Communications Toolkit](#).

Residents’ Corner

Work continues with Residents’ Corner, a regular (i.e., quarterly) blog in [Canadian Family Physician \(CFP\)](#) that covers a range of topics important to family medicine residents nationally (e.g., anti-racism, planetary health, virtual care, wellness, etc.). This initiative will provide ongoing opportunities for resident collaboration across the country. Stay tuned for our first approved manuscript for print publication in the August 2023 print issue and [blog publication](#) available now.

Update on Guide for Improvement of Family Medicine Training (GIFT) Tools

The 2022 Guide for Improvement of Family Medicine Training (GIFT) Tool aims to improve understanding of the current training for diagnosing and managing patients with obesity, explore family medicine residents' levels of confidence in obesity management, and learn about the type of training offered. Working group members are currently completing the review, which includes incorporating feedback from experts in the field who recently reviewed the draft GIFT Tool. The final one-page document will be released in July.

The 2023 GIFT working group is currently re-envisioning the format of GIFT Tools. They will be looking into ways of supporting learners on topics within curriculum and exams including, but not limited to, surveying residents for their best study techniques, useful resources, top 10 tools, etc.

Check out our library of GIFT tools [online](#).

Certification in the College of Family Physicians of Canada (CCFP) – Examinations

The spring Certification Examination in Family Medicine—short answer management problem (SAMP) and simulated office oral (SOO) components—have now concluded. The CFPC is happy to share an examination snapshot:

- There were 1,498 SAMP candidates and 1,492 SOO candidates
- SOO candidates participated in five stations each, equalling 7,460 encounters; less than half a per cent of the encounters had to be re-run because of technical or other issues
- All candidates were fully tested with five SOOs each
- Thirty-two CFPC staff worked the examinations Command Centre from 5:45 a.m. to 5:30 p.m. (ET) on each day the SOOs were administered
- Six Chief/Assistant Chief Examiners participated and led a team of 390 Examiners; they were supported by 40 SOO Leads and 40 Assistant SOO Leads
- Also providing support were: an on-site CFPC IT team of four individuals; three risr/staff for the Pratique software used for the SOO exam, at the Command Centre; more than 30 proctors working remotely; a risr/team of six in the United Kingdom managing candidate technical support needs

The CFPC exams team works diligently to ensure they are delivering a high-quality national examination as seamlessly as possible and are aware that this is a very stressful time for learners. While the college strives to successfully deliver a complex national examination of this size and complexity as seamlessly as possible, it recognizes that with any high-stakes examination, that technical issues can arise. It's important to note that there is a robust review process to fully assess the internal processes (what the College can control) and how to influence the external processes (what the College must rely on another company to provide).

The CFPC is a member-based organization that strives to deliver its examinations in a member-centric way. Everyone who completed their spring exams will have received an email with a post-examination survey. If you didn't complete the survey but wish to provide feedback, please send an

email to ccfpexam@cfpc.ca. Feedback received from residents will help the exams team focus on the next key areas that require attention, maintain their high standards for examination delivery, and continue to improve residents' overall experience.

Family Medicine Longitudinal Study (FMLS)

As a new generation of family physicians, your perspectives and experiences gained during residency training are important. Contributing to the [Family Medicine Longitudinal Survey \(FMLS\)](#) is an opportunity to share your insights and help enhance residency training.

The FMLS collects data annually at three points: entry into residency (T1); exit from residency (T2); and three years post-residency training (T3). These data are used for curriculum review and improvements, policy decisions and advocacy work, research, and other quality improvement activities. The CFPC's hope is that all family medicine residents will participate! Spring 2023 graduates and those entering the program are being invited throughout the spring and summer to complete the survey. Please watch for an email from your residency program and take a few minutes to help both the programs and the CFPC work better for you.

Valuable Resources/Tools/Guides for Residents

Now free to residents: Self Learning™ Program and CFPCLearn

Thanks to a new initiative, family medicine residents can now receive free access to the [Self Learning](#) Program and [CFPCLearn](#). Self Learning is a certified program that provides subscribers with evidence-based clinical information in a simple and convenient format. The content is drawn from peer-reviewed articles and curated by approximately 70 family physicians across Canada. Activate your free online subscription at <https://selflearning.cfpc.ca/#/lng-en/> or log in to your account via the [CFPC portal](#).

CFPCLearn is an online learning platform that includes education content (articles, podcasts, videos, and e-courses) made by and for family physicians. [Claim your free account!](#)

Practice Management Prep

Don't forget to check out [Practice Management Prep](#) (PM Prep). This is an online tool for residents that includes self-reflection exercises, learning plans, and a repository of practice management resources intended to support family physicians in their transition from residency to independent practice. The business side of practice, or practice management, is an area in which new family doctors have requested additional learning opportunities.

Mainpro+®

Upcoming live webinar: You are invited to a live webinar hosted by the Mainpro+®. Join us for a live demonstration on how to report your credits online in you Mainpro+ account, receive an overview of Mainpro+, and participate in an Ask us Anything session.

Date: Monday, June 12th from 2:00 p.m. to 3:00 p.m. (ET)

[Register for the webinar.](#)

Key Messages from the Spring 2023 Section of Residents (SoR) Council Meeting

Claiming credits: Are you finishing your residency in June or still have a few years left? Don't forget about your Mainpro+ continuing professional development (CPD) credits. Mainpro+ is the CFPC program designed to support and promote CPD for family physicians. Participation in Mainpro+ is optional for residents but beneficial. Residents can carry up to 40 certified Mainpro+ credits to their first active cycle by logging participation in CPD activities such as conferences, workshops, and the Self Learning Program. Learn more about [Mainpro+ for resident members](#).

Mainpro+ CPD Report: The latest annual CPD [Mainpro+ report](#) has just been released. This report presents CPD data from the 2021–2022 reporting period regarding participation and certification trends. The information contained in the report reflects the engagement of family physicians and CPD providers across the country who attend and create programs that support the ongoing learning needs of clinicians, ultimately benefiting patients and communities.

Professional Learning Plan

[The Professional Learning Plan \(PLP\)](#) tool is now available to all Mainpro+ participants and can be accessed in English and French through the [Mainpro+ portal](#). The PLP is a user-friendly online tool that supports family physicians in creating a plan for their CPD. A PLP can be completed annually and is a voluntary activity. It prompts family physicians to reflect on their CPD choices and the needs of their patients and communities.

First Five Years Essentials guides

[The First Five Years in Family Practice](#) Committee has created a series of essential guides to assist with your transition to practice:

- [First Five Years Essentials: A Brief Guide to Locuming in Family Medicine](#)
- [First Five Years Essentials: Contract Negotiation Basics – Locum Edition](#)
- [First Five Years Essentials: Financial Management Tips](#)

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Send any questions or concerns to your SoR Council representatives, whose names are on the [SoR web page](#).